

FORMATION INITIALE SST - ANGLAIS



RÉFÉRENCE: SAP006

INITIAL TRAINING SST - FIRST AID WORKER

LE + GROUPE ACN

Training certificate
SST card and SST sticker

PREREQUISITE

To inform the occupational health of the SST training in accordance with R4626-1 article.

PARTICIPANTS

All interested collaborators.

PLACE

Inside your company or intercompany our training centers.

1 COLLABORATOR
MINIMUM
10 COLLABORATORS
MAXIMUM

DURATION
14 hours -
2 days



Référentiel National Qualité

Audité par
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Certification



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GOALS

The first aid worker has :

- to prevent accidents with health and safety interlocutors with respect for legislation.
- to assist with security and efficiency in front of an accident in keeping with rules of the company.

TABLE OF CONTENTS

Field of competence 1 :

- To identify the SST role in the company.
- To protect :
 - The alert and protection of the population.
 - Special alerts (water dam, terrorist attack).
 - The analysis of accident and protection.
 - The emergency exit of the victim.
- To examine :
 - Has the victim an heavy bleeding ?
 - Is the victim choking ?
 - Does the victim speak ?
 - Does the victim breath ?
- To alert :
 - Who alerts ? The message.
- To rescue :
 - The heavy bleeding : manual compression, compression bandage, tourniquet.
 - The victim is choking.
 - The victim is unconscious but she breathes : lateral position.
 - The victim is unconscious but she isn't breathing : CPR cardio-pulmonary reanimation and defibrillator.
 - The victim has got a malaise.
 - The victim is suffering from burns.
 - The victim has got a pain when she moves.
 - The victim has got a wound without an heavy bleeding.

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Field of competence 2 :

- The role of the SST on the prevention of accidents in the company :
 - Work accident.
 - Journey accident.
 - Occupational disease.
 - Internal and external actors of prevention.
 - The employer obligations and DUERP.
- To realize actions of protection to prevent :
 - Hazard hunt.
 - 9 general principles of prevention.
- To inform people specified by the prevention plan of the recognize dangerous situation.

✓ PEDAGOGICAL PROCEDURES - EVALUATION

The content of the training is conformable to the baseline of INRS. After continuous evaluation of participants by the trainer, ACN delivers an attestation and a certificate of first aid valid for 2 years.

Theoretical presentation, incident simulation exercise, case study, trainer feedback.

List of pedagogical material :

- IT equipment : computer, videoprojector, printer.
- Demo equipment : material for simulation exercise, makeup, first aid manikin, defibrillator.



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